

Assess and optimize your health with Previnter



How does this service work?

MSH International provides you with **a health risk assessment and optimization platform**. Complete an online questionnaire on health-related themes and find out your overall wellness score. You will receive a summary report that outlines the impact of each risk factor on your health together with simple and customized advice that is easy to put into practice to improve your daily well-being.

An interactive and customized test



Nutrition



Mental health



Physical activity



Self-perception of health status



Readiness to change



Heart health



Service available in 5 languages



Accessible on computer, tablet and smartphone



Confidential data via a secure platform

A service available from your Members' Area on www.previnter-mb.com

In partnership with

